



Mt. Calvary
Missionary Baptist Church

Rev. Dr. Deonia A. Simmons, Senior Pastor
2026 Life Group Lesson: Week #15

Title:

Text: Proverbs 3:5-6kjv

Objective: By the end of this lesson, participants will understand what it means to trust God when life is unclear and how to rely on Him even when circumstances don't make sense.

Key Terms: Trust – Lean Not – Understanding – Acknowledge - Direction

Question: How do we trust God when life doesn't make sense?

1. *Trusting God requires...* **Total** _____

2. *Trusting God requires...* **Releasing** _____

3. *Trusting God requires...* **Intentional** _____

Talk It Out

1. Why is it difficult to trust God when we don't understand what He's doing?

2. In what areas of your life are you tempted to lean on your own understanding?

3. What does it look like practically to acknowledge God in "all your ways"?

4. How have you seen God direct your path when you chose to trust Him?

Life Application: Encourage participants to reflect:

- Am I truly trusting God—or just trying to figure everything out myself?
- What situation in my life right now doesn't make sense?
- Have I fully surrendered that situation to God?

Memory Verse: Proverbs 3:5-6kjv

v5 - Trust in the LORD with all thine heart; and lean not unto thine own understanding.

v6 - In all thy ways acknowledge him, and he shall direct thy paths.